



*Headmaster* Anthony Wallersteiner MA, PhD

*School Medical Officers*  
Dr Rebecca Pryse MB BS, DCH, DRCOG, DFRSH  
Dr Ben Burgess MB BChir, MA, MRCS, MRCGP, DRCOG

Tel +44 (0)1280 818210  
Fax +44 (0)1280 818181

*Please reply to:*  
**The Swan Practice**  
High Street  
Buckingham  
MK18 1NU  
www.theswanpractice.co.uk  
Tel 01280 818600  
Fax 01280 818618  
Email medical@stowe.co.uk

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Dear Parents and Guardians

In order to avoid problems on your child's return in September, we ask you to note the following points which are also listed in the *Handbook for Parents*.

1. Pupils must **not** bring medication or drugs into School for their personal use unless prescribed by a Doctor or with the knowledge of the Medical Centre. All medicines must be given to the House Matron who will discuss them with the Medical Centre.

All Matrons have access to the following 'over the counter' remedies which they can administer following a protocol:

- Paracetamol for pain and fever
  - Ibuprofen for pain and fever
  - Sudafed for nasal congestion
  - Cetirizine for allergic reactions
2. Pupils must not hold a supply of their own medication without an assessment of safety by the School Doctor or House Nurse and House Matron.
  3. Parents should be aware that some medications prescribed overseas may not be licensed for use in the UK. In this case the School Doctor will make an individual case assessment and offer UK licensed medicines where appropriate. It is very important in such cases that as much medical information as possible is available to the School Doctor.
  4. If a family Doctor or a Consultant is seen when your child is away from School, details should be sent to the Medical Centre for entry into their medical records.
  5. If, during the holidays, your child is exposed to an infectious illness, tropical disease or malaria, please inform the Medical Centre before they return to School.

We hope you enjoy a relaxing and healthy summer!

Yours sincerely

Dr R Pryse

