

# Stowe Menu - Week Commencing Monday October 17th 2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Grilled Sausages Baked Beans Plum Tomatoes Potato Waffles Boiled Eggs Porridge	Grilled Bacon & Baps Baked Beans Grilled Tomatoes Scrambled Eggs Potato Smilies Porridge	Fried Eggs Grilled Sausage Baked Beans Plum Tomatoes Mushrooms Porridge	Scrambled Eggs Grilled Bacon & Baps Baked Beans Plum Tomatoes Sweet Waffles & Syrup Porridge	Fried Eggs Grilled Sausages Baked Beans Grilled Tomatoes Hash Browns Porridge	Grilled Bacon & Baps Baked Beans Plum Tomatoes Scrambled Eggs Potato Waffles Porridge	Crepes & Pancakes Pain au Chocolat Potato Smilies Grilled Sausages Baked Beans Porridge
	Selection of Cereals, Fresh Fruit, Yoghurt, Sweet Breads, Toast and Preserves, Fruit Juice & Hot Beverages available daily						
LUNCH	Thai Spiced Hake With Soy Noodles	Slow Roast Pork Belly, Apple and Cider Sauce		Spanish Rice with Chicken & Chorizo	Fried Fillet of Haddock	Turkey & Fennel Pie	<u>Sunday Roast</u>
	Pork Chop with Pesto & Mozzarella	Caribbean Jerk Chicken with Sweet Peppers and Pilau Rice	Spaghetti Bolognaise & Grated Parmesan	Lamb & Spinach Shepherd's Pie	Sticky Chicken Stir Fry Stick Beans & Sesame	Meatballs with Spaghetti In a Tomato Sauce	Roast Pork, Apple Sauce & Seasoning
	Roasted Squash, Stilton & Spinach Risotto	Vegetable and Cous cous Stuffed Peppers & Fried Tofu	Smoked Haddock Monte Carlo	Macaroni Cheese with Sauteed Leeks	Red Onion, Goats Cheese & Basil Tartlets	Mixed Bean & Chick Pea Cassoulet	Tagliatelli Carbonara
	Pasta & Rice Bar	Pasta and Rice Bar	Spaghetti Milanaise				Mushroom Strogonoff
	Jacket Potatoes New Potatoes Buttered Cabbage Roasted Vegetables	Sweet Potato Jackets Dauphinoise Potatoes Green Beans Spiced Red Cabbage	Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Jacket Potatoes Roast Potatoes Cauliflower Cheese Buttered Peas
			Jacket Potatoes New Potatoes Carrots	Jacket Potatoes New Potatoes Grilled Tomatoes Sprouts	Jacket Potatoes Chipped Potatoes Garden Peas	Jacket Potatoes Buttered New Potatoes Spring Greens	
	Chocolate Sponge & Chocolate Sauce Asst. Cold Desserts	Apple Crumble and Custard Asst. Cold Desserts	Cornflake Tart & Custard Asst. Cold Desserts	Baked Rice Pudding & Jam or Choc Bits Asst. Cold Desserts	Sticky Toffee Pudding & Custard Asst. Cold Desserts	Sweet Waffles & Golden Syrup Asst. Cold Desserts	Assorted Cold Desserts Yoghurts Fresh Fruit Salad
	Selection of Cold Meats & Salads, Fresh Fruit & Assorted Breads & Crackers available daily						
DINNER	Southern Fried Chicken & Chilli Sauce	Lasagne Verde	Baked Cod Loin On a Bed of Samphire	<u>Midweek Roast</u>	Lincolnshire Sausages With Onion Gravy	<u>SATURDAY NIGHT</u>	Baebequed Ribs
	Beef Canneloni	Vegetable Lasagne	Crumbed Turkey Fillet with Capers & Lemon Wedge	Turkey, Stuffing, Pigs in Blankets Cranberry Sauce	Cheese & Mozzarella Panini		Fried Scampi Lemon & Tartare Sauce
	Vegetable Samosas		Roasted Vegetables with Grilled Halloumi	Sundried Tomato & Cheddar Carbonara		<u>NOODLE BAR</u>	Red Onion & Goats Cheese Melted on Ciabatta
	Greek Deli Bar	Sub & Salad Bar		Wrap & Salad Bar	Italian Deli Bar	Salad Bar	Salad Bar
	New Potatoes Jacket Potatoes Garden Peas	Jacket potatoes Sweetcorn Garlic & Herb Slice	<u>Create Your Own</u> Chicken Caesar/Tuna Nicoise	Roast Potatoes Jacket Potatoes Green Beans Roast Parsnips	Creamy Mash Baked Beans Sweet Potato Jackets		Jacket Potatoes Seasoned Wedges Sweetcorn
	Iced Doughnuts Cheese Table	Banoffee Pie Cheese Table	Jacket /New Potatoes Broccoli				
			Chocolate Eclairs Cheese Table	Lemon Meringue Pie Cheese Table	Homemade Flapjack Cheese Table	Chocolate Fudge Cake Cheese Table	Ice Creams French Cheese Table