

Stowe Menu - Week Commencing Monday September 26th 2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Grilled Sausages Baked Beans Plum Tomatoes Potato Waffles Boiled Eggs Porridge	Grilled Bacon & Baps Baked Beans Grilled Tomatoes Scrambled Eggs Potato Smilies Porridge	Fried Eggs Grilled Sausage Baked Beans Plum Tomatoes Mushrooms Porridge	Scrambled Eggs Grilled Bacon & Baps Baked Beans Plum Tomatoes Sweet Waffles & Syrup Porridge	Fried Eggs Grilled Sausages Baked Beans Grilled Tomatoes Hash Browns Porridge	Grilled Bacon & Baps Baked Beans Plum Tomatoes Scrambled Eggs Potato Waffles Porridge	Crepes & Pancakes Pain au Chocolat Potato Smilies Grilled Sausages Baked Beans Porridge
	Selection of Cereals, Fresh Fruit, Yoghurt, Sweet Breads, Toast and Preserves, Fruit Juice & Hot Beverages available daily						
LUNCH	EUROPEAN LANGUAGES DAY	Thai Spiced Hake With Soy Noodles	Spaghetti Bolognese & Grated Parmesan	Spanish Rice with Chicken & Chorizo	Fried Fillet of Haddock	Turkey & Fennel Pie	<u>Sunday Roast</u>
		Pork Chop with Pesto & Mozzarella	Smoked Haddock Monte Carlo	Lamb & Spinach Shepherd's Pie	Sticky Chicken Stir Fry Stick Beans & Sesame	Barbequed Ribs	Roast Pork, Apple Sauce & Seasoning
		Roasted Squash, Stilton & Spinach Risotto	Spaghetti Milanaise	Macaroni Cheese with Sauteed Leeks	Red Onion, Goats Cheese & Basil Tartlets	Mixed Bean & Chick Pea Cassoulet	Tagliatelli Carbonara
		Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Mushroom Strogonoff
		Jacket Potatoes New Potatoes Buttered Cabbage Roasted Vegetables	Jacket Potatoes New Potatoes Carrots	Jacket Potatoes New Potatoes Grilled Tomatoes Sprouts	Jacket Potatoes Chipped Potatoes Garden Peas	Jacket Potatoes Buttered New Potatoes Spring Greens Glazed Carrots	Jacket Potatoes Roast Potatoes Cauliflower Cheese Buttered Peas
		Chocolate Sponge & Chocolate Sauce Asst. Cold Desserts	Cornflake Tart & Custard Asst. Cold Desserts	Baked Rice Pudding & Jam or Choc Bits Asst. Cold Desserts	Sticky Toffee Pudding & Custard Asst. Cold Desserts	Sweet Waffles & Golden Syrup Asst. Cold Desserts	Assorted Cold Desserts Yoghurts Fresh Fruit Salad
	Selection of Cold Meats & Salads, Fresh Fruit & Assorted Breads & Crackers available daily						
DINNER	Southern Fried Chicken & Chilli Sauce	Lasagne Verde	Baked Cod Loin On a Bed of Samphire	<u>Midweek Roast</u> Turkey, Stuffing, Pigs in Blankets Cranberry Sauce	Lincolnshire Sausages With Onion Gravy	<u>SATURDAY NIGHT</u>	Baebequed Ribs
	Beef Canneloni	Vegetable Lasagne	Crumbed Turkey Fillet with Capers & Lemon Wedge	Sundried Tomato & Cheddar Carbonara	Cheese & Mozzarella Panini	<u>NOODLE BAR</u>	Fried Scampi Lemon & Tartare Sauce
	Vegetable Samosas	Sub & Salad Bar	Roasted Vegetables with Grilled Halloumi	Wrap & Salad Bar	Italian Deli Bar	Salad Bar	Red Onion & Goats Cheese Melted on Ciabatta
	Greek Deli Bar	Jacket potatoes	<u>Create Your Own</u> Chicken Caesar/Tuna Nicoise	Roast Potatoes	Creamy Mash		Salad Bar
	New Potatoes	Sweetcorn	Jacket /New Potatoes	Jacket Potatoes	Baked Beans		Jacket Potatoes
	Jacket Potatoes	Garlic & Herb Slice	Broccoli	Green Beans	Sweet Potato Jackets		Seasoned Wedges
	Garden Peas			Roast Parsnips			Sweetcorn
	Iced Doughnuts Cheese Table	Banoffee Pie Cheese Table	Chocolate Eclairs Cheese Table	Lemon Meringue Pie Cheese Table	Homemade Flapjack Cheese Table	Chocolate Fudge Cake Cheese Table	Ice Creams French Cheese Table