

Stowe Menu - Week Commencing Monday 16th January 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Grilled Sausages Baked Beans Plum Tomatoes Potato Waffles Boiled Eggs Porridge	Grilled Bacon & Baps Baked Beans Grilled Tomatoes Scrambled Eggs Potato Smilies Porridge	Fried Eggs Grilled Sausage Baked Beans Plum Tomatoes Mushrooms Porridge	Scrambled Eggs Grilled Bacon & Baps Baked Beans Plum Tomatoes Sweet Waffles & Syrup Porridge	Fried Eggs Grilled Sausages Baked Beans Grilled Tomatoes Hash Browns Porridge		
	Selection of Cereals, Fresh Fruit, Yoghurt, Sweet Breads, Toast and Preserves, Fruit Juice & Hot Beverages available daily						
LUNCH	Thai Spiced Haddock With Soy Noodles	Slow Roast Pork Belly, Apple and Cider Sauce	Caribbean Jerk Chicken with Sweet Peppers and Pilau Rice	Spanish Rice with Chicken & Chorizo	Fried Fillet of Haddock		
	Pork Chop with Pesto & Mozzarella	Meatballs in a Tomato and Basil Sauce	Smoked Haddock Monte Carlo	Lamb & Spinach Shepherd's Pie	Sticky Chicken Stir Fry Stick Beans & Sesame		
	Roasted Squash, Stilton & Spinach Risotto	Vegetable and Cous cous Stuffed Peppers & Fried Tofu	Spaghetti Milanaise	Macaroni Cheese with Sauteed Leeks	Red Onion, Goats Cheese & Basil Tartlets		
	Pasta & Rice Bar	Pasta and Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar		
	Jacket Potatoes New Potatoes Buttered Cabbage Roasted Vegetables	Sweet Potato Jackets Dauphinoise Potatoes Green Beans Spiced Red Cabbage	Jacket Potatoes New Potatoes Carrots	Jacket Potatoes New Potatoes Grilled Tomatoes Sprouts	Jacket Potatoes Chipped Potatoes Garden Peas		
	Chocolate Sponge & Chocolate Sauce Asst. Cold Desserts	Apple Crumble and Custard Asst. Cold Desserts	Cornflake Tart & Custard Asst. Cold Desserts	Baked Rice Pudding & Jam or Choc Bits Asst. Cold Desserts	Sticky Toffee Pudding & Custard Asst. Cold Desserts		
	Selection of Cold Meats & Salads, Fresh Fruit & Assorted Breads & Crackers available daily						
DINNER	Lasagne Verde	Southern Fried Chicken & Chilli Sauce	Baked Cod Loin On a Bed of Samphire	<u>Midweek Roast</u> Pork, Stuffing, Apple Sauce	HAVE		
	Vegetable Lasagne	Beef Canneloni	Crumbed Turkey Fillet with Capers & Lemon Wedge	Sundried Tomato & Cheddar Carbonara	A		
	Vegetable Samosas	Sub & Salad Bar	Roasted Vegetables with Grilled Halloumi	Wrap & Salad Bar	GOOD		
	Greek Deli Bar		<u>Create Your Own</u>	Roast Potatoes Jacket Potatoes Green Beans Roast Parsnips	EXEAT		
	Jacket potatoes Sweetcorn Garlic & Herb Slice	New Potatoes Jacket Potatoes Garden Peas	Chicken Caesar/Tuna Nicoise Jacket /New Potatoes Broccoli				
	Iced Doughnuts Cheese Table	Banoffee Pie Cheese Table	Chocolate Eclairs Cheese Table	Lemon Meringue Pie Cheese Table			