

Week 5	Mon 25.11.19	Tue 26.11.19	Wed 27.11.19	Thu 28.11.19	Fri 29.11.19	Sat 30.11.19	Sun 01.12.19
Breakfast	Selection of Cereals Yoghurt Compote of Berries Porridge Pork Sausages Boiled Eggs Baked Beans Hash Browns  Toast and Preserves Bagels Gluten Free Sausages	Selection of Cereals Yoghurt Fresh Fruit Salad Porridge Grilled bacon Fried Eggs Grilled Tomatoes Croissants  Toast and Preserves  Gluten Free Sausages	Selection of Cereals Yoghurt Fresh Fruit Salad Porridge Pork Sausages Poached Eggs Baked Beans Avocado and Cream Cheese Toast and Preserves Bagels Gluten Free Sausages	Selection of Cereals Yoghurt Compote of Berries Porridge Grilled Bacon Boiled Eggs Grilled Tomatoes Croissants  Toast and Preserves  Gluten Free Sausages	Selection of Cereals Yoghurt Fresh Fruit Salad Porridge Cumberland Sausages Fried Eggs Baked Beans Sweet Waffles with Syrup Toast and Preserves Bagels Gluten Free Sausages	Selection of Cereals Yoghurt Fresh Fruit Salad Porridge Grilled Bacon with floured Baps Grilled Tomatoes Scrambled Eggs  Toast and Preserves  Gluten Free Sausages	Selection of Cereals Yoghurt Fresh Fruit Salad Porridge Pork Sausages Poached Eggs Baked Beans Potato Smilies  Toast and Preserves  Gluten Free Sausages
LUNCH Soup	Fresh Tomato Soup <b>GF</b> Freshly Baked Bread Croutons	Fresh Carrot and Coriander Soup <b>GF</b> Freshly Baked Bread Croutons	Broccoli and Stilton Soup <b>GF</b> Freshly Baked Bread Croutons	Spinach and Potato Soup <b>GF</b> Freshly Baked Bread Croutons	Vegetable Broth with Pearl Barley Freshly Baked Bread Croutons	Fresh Soup of the Day Freshly Baked Bread Croutons	Fresh Soup of the Day Freshly Baked Bread Croutons
Comfort	Stir Fried Marinated Shredded Beef with Egg Noodles and Sweet Chilli Sauce	Braised Meatballs in a Roasted Chorizo and Tomato Sauce Vegetable Rice <b>GF</b>	Lamb, Rosemary and Spinach Lasagne	Hand Crafted Chicken Kiev, Tomato and Red Onion Sambal	Old Fashioned Fish Pie with Cheesy Potato Top  <b>GF</b>	Roasted Loin of Cod, Potato, Pea and Chorizo Fricassee <b>GF</b>	Lemon and Garlic Roast Chicken Leg with Chipolata Sausage and Bacon Roll, Bread Sauce and Gravy
Vegetarian Choice	Chick Pea Biryani, Lemon and Coriander Rice <b>GF</b>	Spanakopita with a Pineapple and Chilli Relish	Vegetable and Lentil Lasagne <b>GF available</b>	Leek, Mushroom and Sweet Potato Cottage Pie <b>GF</b>	Roasted Butternut, Sage and Red Onion Quiche	Courgette, Pesto and Goats Cheese Risotto <b>GF</b>	Potato Gnocchi with Tomatoes, Mascarpone and Fresh Mint <b>GF</b>
Bistro/Pasta	Baked Jacket Potatoes with Baked Beans and Cream Cheese <b>GF</b>	Tagliatelle with Roasted Vegetables, Red Pesto, Rocket and Parmesan <b>GF available</b>	Baked Jacket Potatoes with Vegetarian and Meat Fillings <b>GF</b>	Spaghetti with Toppings Pea and Ham Tomato and Basil <b>GF available</b>	Baked Jacket Potatoes with Vegetarian and Meat Fillings <b>GF</b>	Fusilli Pasta with Toppings Creamy Mushroom Tomato, Peppers and Onions <b>GF available</b>	Roasted Potatoes with Herbs
Potato and Sides	Steamed Carrots and Curley Kale	Baked Jackets Fresh Stem Broccoli	Stir-fried Vegetables Scented with Ginger and Garlic	Baked Jackets Chive Potatoes Ratatouille	Lyonnaise Potatoes Wilted Greens	Jacket Potatoes Sauté Leeks and Sugar Snaps	Roasted Parsnips Glazed Carrots and Swede
Last Stop	Warm Waffles with Syrup, served with Custard Sauce  Selection of Cold Desserts	Banana and Toffee Crumble with Custard Sauce  Selection of Cold Desserts	<b>Display of Cold Pastries</b> Black Cherry Chocolate Brownie and Pastries Selection of Cold Desserts	Queen of Puddings  Selection of Cold Desserts	Chocolate and Orange Chip Pudding with Chocolate Sauce  Selection of Cold Desserts	Jam Doughnuts  Selection of Cold Desserts	Mississippi Mud Pie  Selection of Cold Desserts
Soup	Soup of the Day Freshly Baked Bread	Soup of the Day Freshly Baked Bread	Soup of the Day Freshly Baked Bread	Soup of the Day Freshly Baked Bread	Soup of the Day Freshly Baked Bread	Soup of the Day Freshly Baked Bread	Soup of the Day Freshly Baked Bread
Comfort	Chakalaka Lamb Enchiladas, soured Cream, Guacamole and Tomato Salsa <b>GF available</b>	Baked Tandoori Chicken, Cucumber Riata, Mango Chutney and Lime Pickle <b>GF</b>	Steak and Onion Pie with Flaky Pastry Top and Gravy	Roast Turkey Cranberry Sauce Roast Gravy	Cumberland Sausage Ring, warm Onion Marmalade and Gravy <b>GF</b>	Baked Gammon and Fried Egg <b>GF</b>	Mexican Chipotle Chicken Wings, Creamed Corn <b>GF</b>
Vegetarian Choice	Roasted Red Peppers and Feta Enchiladas	Toasted Ciabatta topped with Ratatouille and Cheese	Poached Egg Florentine <b>GF</b>	Butternut Squash And Lentil Jalousie	Spinach and Ricotta Cannelloni Cucumber and Mint Relish	Veggie Burger, Onion Rings, Brioche Bun and Relishes	Portabella Mushrooms, Red Onions, Vegetables and Pesto
Salad Bar	Pick n Mix Salads with Flour Tortillas, Pickles and Relishes	Pick n Mix Salads Bread Selection Philadelphia Cheese and Roast Beef	Pick n Mix Salads Bread Selection Philadelphia Cheese and Flaked Salmon	Tossed Mixed Salad Tabbouleh Salad Coriander Coleslaw Mixed Tomato and Chive	Pick n Mix Salads Bread Selection Honey Roast Ham Philadelphia Cheese	Rocket, Parmesan Salad House Slaw Tomato and Mozzarella Roasted Vegetables and Pasta	Pick n Mix Salads Bread Selection Philadelphia Cheese
Sides	Avocadoes Philadelphia Cream Cheese Sliced Tomatoes	Naan Bread and Poppadums	New Potatoes Peas Flamande	Mashed Potato Green Beans Sweetcorn	Mashed Potatoes Green Beans	House Fries Baked Beans	Special Fried Rice Mélange of Fresh Vegetables
Last Stop	Greek Yoghurt and Honey Tray bakes Cheeseboard	Blackberry Cranachan Fresh Fruit Salad Fresh Fruit	Fruit Trifle Cheese Table Fresh Fruit	Pumpkin Pie Fresh Fruit Cheeseboard	Rhubarb Soured Cream Cake Sliced Fresh Fruits Fruit Yoghurts	Profiteroles and Chocolate Sauce Cheeseboard Fresh Fruit	Blueberry Muffins Salted Caramel Muffins Fruit Yoghurts Fresh Fruit