

Menu for the week: Monday 30 November 2015

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST						
Grilled Sausages Baked Beans Plum Tomatoes Potato Waffles Boiled Eggs Porridge	Grilled Bacon Baked Beans Grilled Tomatoes Scrambled Eggs Potato Smilies Porridge	Fried Eggs Grilled Sausage Baked Beans Plum Tomatoes Mushrooms Porridge	Scrambled Eggs Grilled Sausages Baked Beans Plum Tomatoes Sweet Waffles & Syrup Porridge	Fried Eggs Grilled Bacon Baked Beans Grilled Tomatoes Hash Browns Porridge	Grilled Sausages Baked Beans Plum Tomatoes Scrambled Eggs Potato Waffles Porridge	American Pancakes Asst. Sweet Breads Grilled Sausages Baked Beans Potato Waffles Porridge
<i>Selection of Cereals, Fresh Fruit, Yoghurt, Toast and Preserves, Fruit Juice and Hot Beverages Available Daily</i>						
LUNCH						
Lamb & Spinach Shepherds Pie	Slow Roast Pork Belly Apple & Cider Sauce	Spaghetti Bolognaise & Grated Parmesan	Spanish Rice with Chicken & Chorizo	Fried Fillet of Haddock	Turkey & Fennel Pie	Roast Lamb, Garlic, Rosemary & Mint Sauce
Pork Chop with Pesto & Mozzarella	Caribbean Jerk Chicken with Sweet Peppers & Pilau Rice	Smoked Haddock Monte Carlo	Barbequed Ribs	Sticky Chicken Stir Fry Stick Beans & Sesame	Thai Spiced Salmon With Soy Noodles	Tagliatelli Carbonara
Vegetable & Couscous Stuffed Peppers With Fried Tofu	Roast Squash, Stilton & Spinach Risotto	Spaghetti Milanaise	Macaroni Cheese with Sauteed Leeks	Red Onion, Goats Cheese & Basil Tartlets	Mixed Bean & Chick Pea Cassoulet	Mushroom Srogonoff
Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Pasta & Rice Bar	Wrap & Sub Bar
Jacket Potatoes Saute Potatoes Green Cabbage Mixed Vegetables	Sweet Potato Jackets Dauphinoise Potatoes Green Beans Braised Red Cabbage	Jacket Potatoes Carrots Peas	Jacket Potatoes New Potatoes Grilled Tomatoes Sprouts	Jacket Potatoes Chipped Potatoes Garden Peas	Jacket Potatoes Buttered New Potatoes Spring Greens Sweetcorn	Jacket Potatoes Roast Potatoes Cauliflower Cheese Roasted Vegetables
Apple Crumble & Custard Asst. Cold Desserts	Chocolate Sponge & Chocolate Sauce Asst. Cold Desserts	Cornflake Tart & Custard Asst. Cold Desserts	Baked Rice Pudding & Jam or Choc Bits Asst. Cold Desserts	Sticky Toffee Pudding & Custard Asst. Cold Desserts	Sweet Waffles & Golden Syrup Asst. Cold Desserts	Assorted Cold Desserts Yoghurts Fresh Fruit Salad
<i>Selection of Cold Meats and Salads, Fresh Fruit and Assorted Breads & Crackers Available Daily</i>						
DINNER						
Southern Fried Chicken & Chilli Sauce	Lasagne Verde	Beef Canneloni	MIDWEEK ROAST Turkey, Stuffing, Pigs in Blankets Cranberry Sauce	Meat Balls in a Tomato & Basil Spaghetti Sauce	Lincolnshire Sausages	<u>CHINESE</u>
Baked Cod On a Bed of Samphire	Prawn & Chicken Paella	Turkey Schnitzel with Capers & Lemon	Sundried Tomato & Cheddar Carbonara	Cheese & Mozzarella Panini	Chicken Kebab with Salsa Verde & Pitta	<u>EVENING</u>
Vegetable Samosas	Vegetable Lasagne	Roasted Vegetables with Halloumi	Wrap/Sub & Salad Bar	Wrap/Sub & Salad Bar	Roast Vegetable Pitta	
Wrap/Sub & Salad Bar	Wrap/Sub & Salad Bar	Wrap/Sub & Salad Bar	Wrap/Sub & Salad Bar	Wrap/Sub & Salad Bar	Wrap/Sub & Salad Bar	
New Potatoes Jacket Potatoes Garden Peas	Jacket potatoes Roasted Vegetables Sweetcorn Garlic & Herb Slice	Jacket Potatoes New Potatoes Broccoli	Roast Potatoes Jacket Potatoes Green Beans	Sweet Potato Jackets Ratatouille	Fried Sweet Potato Creamy Mash Baked Beans Spiced Red Cabbage	
Iced Doughnuts Cheese & Biscuits	Banoffee Pie Cheese & Biscuits	Chocolate Eclairs Cheese & Biscuits	Lemon Meringue Pie Cheese & Biscuits	Homemade Flapjack Cheese & Biscuits	Chocolate Fudge Cake Cheese & Biscuits	Ice Creams Cheese & Biscuits

