

# Stowe Menu - Week Commencing Monday 13th March 2017

|           | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY  | SUNDAY   |
|-----------|--|---|--|--|--|---|--|
| BREAKFAST | Grilled Sausages<br>Baked Beans<br>Plum Tomatoes<br>Potato Waffles<br>Boiled Eggs<br>Porridge                              | Grilled Bacon & Baps<br>Baked Beans<br>Grilled Tomatoes<br>Scrambled Eggs<br>Potato Smilies<br>Porridge | Fried Eggs<br>Grilled Sausage<br>Baked Beans<br>Plum Tomatoes<br>Mushrooms<br>Porridge | Grilled Sausages<br>Scrambled Eggs<br>Boiled Eggs<br>Baked Beans<br>Plum Tomatoes<br>Sweet Waffles & Syrup<br>Porridge | Grilled Bacon & Baps<br>Fried Eggs<br>Baked Beans<br>Grilled Tomatoes<br>Hash Browns<br>Porridge | Grilled Sausages<br>Baked Beans<br>Plum Tomatoes<br>Scrambled Eggs<br>Boiled Eggs<br>Potato Waffles<br>Porridge | Grilled Bacon & Baps<br>Crepes & Pancakes<br>Pain au Chocolat<br>Potato Smilies<br>Baked Beans<br>Porridge |
|           | Selection of Cereals, Fresh Fruit, Yoghurt, Sweet Breads, Toast and Preserves, Fruit Juice & Hot Beverages available daily |   |  |  |  |   |  |
| LUNCH     | Thai Spiced Hake<br>With Soy Noodles   | Slow Roast Pork Belly,<br>Apple and Cider Sauce   | Lasagne Verde  | Spanish Rice with<br>Chicken & Chorizo   | Fried Fillet of Haddock<br>Lemon & Tartare Sauce   | Turkey & Fennel Pie   | <b>BRUNCH</b><br><br><u>10.30AM—12 NOON</u>  |
|           | Peppered Pork Steak<br>With Stroganoff Sauce   | Lamb & Spinach<br>Shepherd's Pie  | Smoked Haddock<br>Monte Carlo  | Spaghetti Bolognaise<br>& Grated Parmesan  | Baebequed Ribs   | Meatballs with Spaghetti<br>In a Tomato Sauce   |  |
|           | Roasted Squash, Stilton<br>& Spinach Risotto   | Macaroni Cheese with<br>Sauteed Leeks   | Vegetable Lasagne  | Spaghetti Milanaise  | Red Onion, Goats Cheese<br>& Basil Tartlets  | Mixed Bean & Chick Pea<br>Cassoulet   |  |
|           | Pasta & Rice Bar   | Pasta and Rice Bar  | Pasta & Rice Bar   | Pasta & Rice Bar   | Pasta & Rice Bar   | Pasta & Rice Bar  |  |
|           | Jacket Potatoes<br>New Potatoes<br>Buttered Cabbage<br>Mixed Vegetables  | Sweet Potato Jackets<br>Dauphinoise Potatoes<br>Green Beans<br>Spiced Red Cabbage                       | Jacket Potatoes<br>New Potatoes<br>Carrots<br>Peas                                     | Jacket Potatoes<br>New Potatoes<br>Grilled Tomatoes<br>Sprouts   | Jacket Potatoes<br>Chipped Potatoes<br>Garden Peas<br>Mushy Peas                                 | Jacket Potatoes<br>Buttered New Potatoes<br>Spring Greens   |  |
|           | Chocolate Sponge<br>& Chocolate Sauce<br>Asst. Cold Desserts   | Apple Crumble and Custard<br>Asst. Cold Desserts  | Cornflake Tart & Custard<br>Asst. Cold Desserts  | Baked Rice Pudding<br>& Jam or Choc Bits<br>Asst. Cold Desserts  | Sticky Toffee Pudding<br>& Custard<br>Asst. Cold Desserts  | Sweet Waffles<br>& Golden Syrup<br>Asst. Cold Desserts  | Assorted Cold Desserts<br>Yoghurts<br>Fresh Fruit Salad  |
|           | Selection of Cold Meats & Salads, Fresh Fruit & Assorted Breads & Crackers available daily                                 |   |  |  |  |   |  |
| DINNER    | Crumbed Turkey Fillet with<br>Capers & Lemon Wedge   | Caribbean Jerk Chicken with<br>Sweet Peppers and Pilau Rice   | Southern Fried Chicken<br>& Chilli Sauce   | <u>Midweek Roast</u><br>Turkey, Stuffing,<br>Pigs in Blankets<br>Cranberry Sauce                                       | <b>A<br/>TASTE<br/>OF<br/>FRANCE</b>   | <u>SATURDAY NIGHT</u>   | <u>Sunday Roast</u>  |
|           | Roman Chicken  | Cod Loin & Diced Pancetta<br>On a Bed of Samphire   | Beef Canneloni   | Sundried Tomato &<br>Cheddar Carbonara   |  | <u>NOODLE BAR</u>   | Roast Pork with Garlic<br>And Rosemary   |
|           | Vegetable Samosas<br>& Sweet Chilli Sauce  | Vegetable and Cous cous<br>Stuffed Peppers & Fried Tofu   | Roasted Vegetables with<br>Grilled Halloumi  | Wrap & Salad Bar   |  | Salad Bar   | Tagliatelli Carbonara  |
|           | Greek Deli Bar   | Salad Bar   | <u>Create Your Own</u><br>Chicken Caesar/Tuna Nicoise                                  | Roast Potatoes<br>Jacket Potatoes<br>Green Beans<br>Roast Parsnips   |  | Jacket Potatoes   | Mushroom Stroganoff  |
|           | Jacket potatoes<br>Curly Fries<br>Sweetcorn  | New Potatoes<br>Jacket Potatoes<br>Roasted Vegetables   | Jacket Potatoes<br>Saute Potatoes<br>Broccoli  |  |  |   | Jacket Potatoes<br>Roast Potatoes<br>Cauliflower Cheese<br>Buttered Peas                                   |
|           | Iced Doughnuts<br>Cheese Table   | Banoffee Pie<br>Cheese Table  | Chocolate Eclairs<br>Cheese Table  | Assorted Muffins/ Cookies<br>Cheese Table  | Ice Creams<br>Cheese Table   | Chocolate Fudge Cake<br>Cheese Table  | Homemade Flapjack<br>French Cheese Table   |