



## Medical Extract from Parents' Handbook

### Medical Centre

The School Medical Centre is permanently staffed during term time by a team of qualified nurses, and the School Doctors (Dr Rebecca Pryse and Dr Ben Burgess) hold a morning surgery every weekday between 8.00am and 10.30am. The doctors can be contacted at other times at the Swan Practice in Buckingham on +44 (0)1280 818600 and further information can be found at [www.theswanpractice.co.uk](http://www.theswanpractice.co.uk). If you wish to contact the medical staff by email please use: [medical@stowe.co.uk](mailto:medical@stowe.co.uk). It is a general address and will therefore be picked up by whichever nurse is on duty. The best time to ring is after 10.00am on +44 (0)1280 818210, and the nurses are always pleased to discuss any worries or concerns.

Boarding pupils will be registered with Dr Rebecca Pryse as NHS patients based at the Swan Practice. During holidays and Exeats pupils can be seen as a Temporary Resident with the home GP if necessary. Day pupils can be seen as emergencies at the Medical Centre as a Temporary Resident.

For pupils new to the School, the Health History form **MUST** be completed with a complete immunisation history and sent to the Medical Centre as soon as possible after it is received. The Health History form is the only medical record we will have until the NHS record arrives; often this takes 3-4 months. It will be the only record we have for overseas pupils. The NHS number is entered on the birth certificate of every British Citizen. Pupils from abroad will be given a new number if they have never used the NHS before.

### Overseas Pupils

Overseas pupils are asked to supply a summary of medical history and vaccination history from their current family doctor.

#### Parents are asked to note the following:

1. If a family Doctor or a Consultant is seen when your child is away from School, details should be sent to the School Doctor at the Medical Centre for entry into their medical records.
2. If, during the holidays, your child is exposed to an infectious illness, tropical disease or malaria, please inform Medical Centre Staff before they return to School.
3. Pupils must **not** bring medication or drugs into School for their personal use unless prescribed by a doctor or with the knowledge of the Medical Centre. All medicines must be handed immediately to the House Matron.
4. All Houses have access to the following 'over the counter' remedies which are administered by appropriately trained staff following a protocol:
  - Paracetamol for pain and fever
  - Ibuprofen for pain and fever
  - Sudafed for nasal congestion
  - Zirtek for allergy
5. Pupils **do not** hold supply of their own medication without an assessment of safety by the School Doctor and House Matron.
6. Parents should be aware that some medications prescribed overseas may not be licensed for use in the UK. In this case the School Doctor will make an individual case assessment and offer UK licensed medicines where appropriate. It is very important in such cases that as much medical information as possible is available to the School Doctor.
7. Private physiotherapy and podiatry can be arranged through the Medical Centre with a Chartered Physiotherapist or Podiatrist.

8. Parents will be informed at the time of referral of any specialist appointments or other medical investigations arranged for pupils. An accompanying adult will provide escort for any appointments arranged off site unless parents are available.
9. Whilst every endeavour will be made to contact parents in an emergency, the Headmaster acting *in loco parentis* or a member of the School staff has the authority to give permission for urgent medical and/or surgical procedures to be carried out including the administration of a general anaesthetic. **It is important that parents leave an emergency contact number with House staff if they are away from home for any reason.**
10. If you have any concerns about the health of your child please discuss it with the nurses or the Medical Officer, we welcome communication with parents.
11. If your child is treated for asthma, epilepsy, anaphylaxis, diabetes or has a history of significant allergy, we feel it is important that teaching and sports' staff are alerted to this. The diagnosis will appear on your child's School electronic record, any further details are given only with your consent or that of your child.
12. Mobile phones cannot be used in the Medical Centre. Pupils who are in-patients and require a phone will have access to a phone from the nurse on duty. Email access is also provided in the Medical Centre.

### Immunisations

The nurses provide immunisations in line with the Department of Health Immunisation Schedule. The local CCG (Commissioning Clinical Group) provide the Diphtheria, Tetanus and Polio booster and the Meningitis C booster at age 14 (Fourth Form). An annual influenza vaccine is recommended and offered in the Michaelmas term to all pupils. The nurses also provide travel advice and recommended travel vaccinations. If these are required we ask that a Travel Risk Assessment form is completed (available from the School website). You will be contacted to obtain consent at the time of any planned immunisation. For further information this website is helpful: [www.immunisation.nhs.uk](http://www.immunisation.nhs.uk)

### Teeth and Eyes

Glasses should **not** be worn to play contact sports. It is recommended that pupils who wear glasses or contact lenses bring a spare pair of glasses to School and that if glasses have to be worn for games, these should have unbreakable lenses. Protective eye wear for squash is strongly recommended for all Junior players by the British Association of Squash Players and the Medical Officers of Schools Association. These can be purchased from sports shops and should carry British Standard BS 7930:1.

It is helpful if your own dentist or orthodontist can deal with dental problems during the holidays, as far as possible. However, in emergencies we have access to excellent dentists in the area but there is a major problem with a lack of NHS dental provision. It is a policy of the School that, wherever possible, routine dental and orthodontic appointments do not encroach on School working hours.